

Seymour House is a detached property set in its own grounds, overlooking the promenade and beach, with stunning views of the North Sea.

There are 20 rooms situated over three floors, and all rooms are furnished to your own individual choices and wishes. Some are self-contained apartments, some en-suite and all have hand wash basins.

We have 2 large lounge/ diners on the ground floor providing comfortable seating, Digital TV, DVD player and music CD player.

One lounge looks onto the seafront promenade and clock tower, whilst the other has access to the conservatory and views into the secluded Garden.

We have our own commercial laundry equipment, large communal kitchen and a private medical room.



Seymour House is a warm, welcoming and friendly home situated on the Hartlepool coast, between the Marina and Teesmouth National Nature Reserve.

It is within walking distance of local shops, restaurants, library and places of worship.

We enjoy excellent public transport links to further afield, such as Middlesbrough, Darlington, Sunderland, Durham and Newcastle.



SEYMOUR HOUSE



Seymour House provides nursing care and residential support to adults with mental health needs.

We work as active partners in a safe and conducive environment for improving, maintaining and recovering mental health and wellbeing.



01429 863 873

www.seymour-house.co.uk

The Front, Seaton Carew, Hartlepool, TS25 1DJ

INDIVIDUALITY & RIGHTS

We strongly believe in your rights and wishes to lead a lifestyle of your own choosing, that is both healthy and safe. We aim to be as flexible as possible within our setting, and in the care and support that we provide.

Your needs and desires are at the forefront of our holistic service, regardless of age, gender, sexuality, physical abilities, status or cultural, ethnic and religious background.



RESPECTING YOUR RIGHTS

This will be your ‘space’ – not ours. We therefore do everything we can to make it a place where you feel happy and secure. That includes respecting and safeguarding your privacy and dignity.

To ensure that we balance this with the rights and needs of your family and carers, we record and regularly review your consent to share information with others.

It is important for everyone that communication is clear, effective, well maintained and in line with your needs and wishes.



HOLISTIC CARE & SUPPORT

Stepping down or into a residential care setting is a big undertaking – we understand that completely.

That’s why we will always operate alongside your needs at each planning stage of the transition, including your right to have an advocate or someone else that you wish to represent you in any way.



SKILLED SHARED SUPPORT

Our staff are well trained and have many years of knowledge and experience to ensure that you are at the centre of the care plan developed with your support. It is structured to assist with all aspects of your daily living. It is therefore important that we aid you as much as possible in maintaining family and community links at all stages of your care package, including friends, carers and access to community-based services.

PLANNING

Things change. You change. That’s why we always strive to keep your care package as up to date as possible, taking into account any changes or developments that you or your care team need or wish to make. We recognise that there will be bumps along the way, but with your support, we will help identify relapse indicators and develop coping strategies as part of any action plans.

MEDICATION AND PHYSICAL HEALTH

It is important that we are all aware of your medication and physical healthcare needs. As part of the assessment and planning process we will discuss your medication, how this is managed and what support you need in this area, in addition to hygiene, contraception and any other personal care needs and requirements.

FINANCES

Money, and how it is managed, is an important part of daily life. This will be discussed with you and your care team, family or carers. We will assist and support you with budgeting, where required, and will always be open and honest when it comes to your financial needs and wishes.

Come and meet us!

This is just a quick glimpse of our philosophy here at Seymour House. You are more than welcome to come and visit us for a chat and look around, or to get more detailed information on our way of life here, including a Service User Guide.